

SYRACUSE COMMUNITY CENTER

WAIVER FORM

Waiver and Authorization for Medical Attention

The undersigned, as participant(s) or as parent or guardian for a child/children participating, I hereby recognize and acknowledge that Syracuse City/Syracuse Community Center does not carry special health or accident insurance that would protect the participant(s) in the event of accidental injury while participating in any program or facility use offered by Syracuse City/Syracuse Community Center. Any accident or injury shall be referred to my insurance carrier and I assume full responsibility for the same. I agree to personally assume all expenses associated with accidents or injury arising out of participating in activities offered by Syracuse City/Syracuse Community Center. I further recognize that participation in activities or facility use is voluntary and that there are certain inherent risks which I assume for participant(s). I hereby release and discharge Syracuse City/Syracuse Community Center, its governing officers, employees, staff or agents from all obligations, liabilities, claims, demands, costs and expenses, including attorneys' fees, arising out of, or in connection with any injury sustained by the participant(s). I authorize the employees or agents of Syracuse City/Syracuse Community Center to notify emergency help in the case of an accident or injury sustained by their participation. I authorize the employees or agents of Syracuse City/Syracuse Community Center to notify emergency help in the case of an accident or injury to the participant(s) while participating in any program offered by Syracuse City/Syracuse Community Center if in the discretion of the employee or agent, such emergency help is warranted.

Gymnasium Policies:

- A. All membership holders must check in at the front desk and obtain a wristband/stamp prior to entering the gymnasium.
- B. Patrons under the age of 12 years must be accompanied by an adult 18 years of age or older when using the gym(s), unless participating in a special event or activity designed for a younger age group (i.e. Jr. Jazz, special events).
- C. Hanging on basketball rims is prohibited.
- D. Wear only shoes that do not mark the gym floor.
- E. Only capped, spill-proof water bottles are allowed. No gum, food, or other drinks.
- F. Offensive language or behavior, roughhousing, and fighting will not be tolerated.
- G. Syracuse Community Center reserves the right to change the schedule in the gymnasium as programs dictate.

Indoor Track Policies:

- A. All membership holders must check in at the front desk and obtain a wristband/stamp prior to entering the indoor track.
- B. This area is for those 14 years and older to walk/jog. Youth under 14 years of age may use the track only in a supervised environment with an adult 18 years of age or older.
- C. Offensive language or behavior, roughhousing, and fighting will not be tolerated.
- D. Runners will use the outside of the track. Walkers and slower joggers will use the inside lanes of the track.
- E. Shoes and shirt are required.
- F. Cleats are not allowed on the track.
- G. Any person on the track must be participating in walking/jogging. No spectators or standing on the track is allowed.
- H. No food or open containers are allowed on the track.
- I. No gum or spitting allowed.
- J. No roller blades, strollers, etc.

Patrons found to be in violation of any of the above mentioned rules may be asked to leave the Center and may have their privileges revoked.

(Signature)

(Date)

(Please Print)